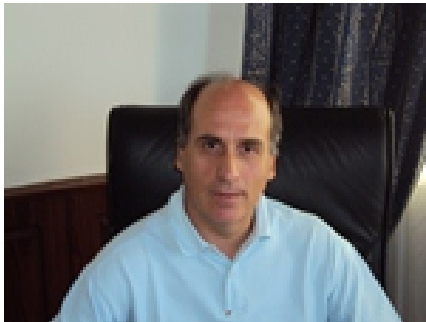


The focus of the Laboratory for Self-talk (Self-talk LAB) group is the study of the antecedents, processes and mechanisms that underpin self-talk in sport, physical education and health settings by using experimental and cross-sectional designs in the laboratory and field.

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**Selected publications:**

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