The “Kallipateira” project: From sport to everyday life. All equal, all different

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Named after Kallipateira, the first woman to attend the Ancient Olympic Games, the nationwide project was developed on the basis of the Olympic ideals and considering Sport and Physical Education as an ideal vehicle for promoting social inclusion and equality.

The project involved producing educational materials and training two thousand (2000) physical educators on 5 thematic areas: a) Human Rights, b) Cultural Diversity, c) Racism and Xenophobia, d) Gender Equality and e) Social Inequalities and Social Discrimination. An innovative approach through Physical Education and Sports for the promotion of a healthy, open and tolerant society was developed.

The educational material of the project “Kallipateira” constitutes supportive material both for Physical Educators and Students. Innovative sport activities are included aiming at raising awareness for the thematic areas by involving students’ throughout the learning process and encouraging initiation and team work.

The educational material consists of:

- Teacher’s Book,
- Activities Book for students (6-9 years old), 1st, 2nd, 3rd
- Activities Book for students (10-12 years old), 4th, 5th, 6th grade
- Activities Book for students (13-15 years old), 7th, 8th, 9th grade
- Board Game.

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