


Papaioannou, A. G. (2017). Teaching a Holistic, Harmonious and Internal Motivational Concept of Excellence to Promote Olympic Ideals, Health and Well-Being for All. *Journal of Teaching in Physical Education*

36(3), 353-368.


2016

matson evaluation of social skills with youngsters (Messy II) in Greek context. Sport Science, 9(2), 92-96


Kofotolis, N., Kellis, E., Vlachopoulos, S., Gouitas, I., & Theodorakis, Y. (2016). Effects of Pilates and trunk strengthening exercises on health-related quality of life in women with chronic low back pain. *Journal of Back and Musculoskeletal Rehabilitation*


[http://hdl.handle.net/11697/98608](http://hdl.handle.net/11697/98608)

---

**2015**


Health Professions, 38(1), 126-139


