
To examine whether students' choice of a 5 wk module is in accordance with their attitudes and whether their attitudes change after participation in the course, 50 physical education students who selected skiing as an option responded to a scale measuring their attitudes toward skiing before and after the course. 34 students who did not select the course served as comparison. Analysis showed that students who spent 50 hours in the course held more positive attitudes toward skiing, indicating that attitudes influenced their choice. This implies that their participation in and knowledge about skiing contributed to the alteration of their attitudes.