

Nikos Chatzisarantis - Curriculum Vitae 2011

Citation Index 1011; h = 17

PERSONAL DETAILS

Name: Nikos, L. D. Chatzisarantis, BSc, MSc, PhD

Home Address: National Institute of Education, Singapore

Email: nikos.chatzisarantis@nie.edu.sg

Date of Birth: 1st of December 1968

Place of Birth: Thessaloniki, Greece

Nationality: Hellenic

QUALIFICATIONS

June 1991 ***BSc (Hons.) in Physical Education and Sports Science, Aristotle University of Thessaloniki, Greece***

February 1995 ***MSc. in Sport and Exercise Psychology, University of Exeter, UK***

February 2000 **Phd in Education, University of Exeter, UK**

Note. A full LIST OF PUBLICATIONS follows this CV.

TEACHING AND RESEARCH EXPERIENCE

1. **Post: Research Fellow**, Department of Physical Education and Sport Science, Loughborough University.

Dates: Feb 1998 – Oct 2000

Description of Responsibilities: Conduct research, write research articles, and provide teaching support for lecturers and PhD students in the Department.

2. **Post: Research Fellow**, Department of Sport Sciences, Brunel University.

Dates: Oct 2000 – Feb 2002

Description of Responsibilities: Conduct research, write research articles and provide teaching support for lecturers and PhD students in the department.

3. *Post: Lecturer*, School of Sport Sciences and Health, University of Exeter

Dates: Sept. 2002 – 2005

Description of responsibilities. Administer lectures, provide supervision and assessment of undergraduate and taught postgraduate students' work, conduct administrative duties, publish research articles, and obtain funding for international-level research outputs toward the Department's aim of achieving a high rating in the Research Assessment Exercise (RAE), and supervise research postgraduate students to completion.

4. *Post: Principal Lecturer*, School of Psychology, Plymouth University

Dates: Sept. 2005-2008

Description of responsibilities. Administer lectures, provide supervision and assessment of undergraduate and taught postgraduate students' work, conduct administrative duties, publish research articles, and obtain funding for international-level research outputs toward the Department's aim of achieving a high rating in the Research Assessment Exercise (RAE), and supervise research postgraduate students to completion.

5.: Associate Professor, National Institute of Education, Singapore

Dates: 2008-2011.

Description of responsibilities. Administer lectures, provide supervision and assessment of undergraduate and taught postgraduate students' work, conduct administrative duties, publish research articles, and obtain funding to develop a Human Motivation Research Laboratory in Singapore.

Teaching Achievements

In terms of teaching achievements, to date I have written core modules related to Social Psychology at undergraduate (BSc) and postgraduate (MSc) levels. I have also written course textbooks for these courses (Hagger, M.S., and Chatzisarantis, N. (2005). *The Social Psychology of Exercise and Sport*. Buckingham, UK: Open University Press; Hagger, M.S., and Chatzisarantis, N. (2007). *Intrinsic motivation and self determination in sport and exercise*. Human Kinetics). I have also written a first year statistics module and contributed to the writing of the second year statistics module. I have also taught modules on cognitive and biological psychology, psychological well being, social psychological models of behavioural change, theory-based interventions, self-control depletion and ironies of mental control. I have taught these areas to undergraduate,

postgraduate psychologists and clinical psychologists. I obtained a research grant from the Higher Education Academy Network which examined antecedents of students' motivation to learn statistics. In terms of my administrative roles, I have been Research Coordinator drawing research policy and directions and School representative for careers and employability. Finally, I sat on the ethics and teaching and learning committees. I have also been the Chair for the Ethics committee in Singapore.

ADDITIONAL EXPERIENCE

Roles of Responsibility

(1) *Post: Senior Resident Tutor*, Exeter Halls, University of Exeter.

Dates: September 2004-2005

Description of Responsibilities: Provide pastoral care, welfare support, and discipline in the University accommodation.

Experience as a Referee

I serve editorial boards for the following journals:

Psychology and Health.

International Journal of Behavioral Nutrition and Physical Activity

International Journal of Sport Psychology

Health Psychology Review

Associate Editor for the Psychology of Sport and Exercise

Invited Editor for the Research Quarterly of Exercise and Sport

Invited Editor for International Journal of Behavioral Nutrition and Physical Activity

Guest editor for a special issue of the Psychology of Sport and Exercise (2007, Advances in Self Determination theory Research in Sport and Exercise).

Experience as an External Examiner

Acted as external examiner for the following Universities:

- University of Sunderland, School of Health, Natural and Social Sciences. 2002- 2005
- Acted as an external examiner for Emma Scott's PhD thesis, University of Birmingham School of Sport and Exercise Sciences, December 2006

- Acted as an external examiner for David Tawreeq, MPhil thesis, University of Birmingham School of Sport and Exercise Sciences, February 2007
- Acted as an external examiner for Emma Strubal's PhD thesis, University of Aberystwyth (2007)
- Acted as an external examiner for Panos Retzelas, University of Nottingham, School of Psychology
- Acted as an external examiner for Erika Brokoles at Leeds University (2010).
- Appointed as a member of evaluation committee for a research assessment in Greece. (March 2010).

Postgraduate Student Supervision

Tracey Brickell, Ph.D. Thesis entitled "Using theories of self-determination and automatic processing to predict exercise and sport behaviour beyond the theory of planned behaviour", University of Southern Queensland, Australia, Status: Completed March 2003.

Supervisor to Tawfeeq Albakry, PhD. Thesis entitled "Using the theory of planned behaviour to predict and understand physical activity participation in Saudi Arabia", Completed February 2007. University of Exeter.

Supervisor to Madalina Katomeri, PhD Thesis entitled "Effects of exercise on smoking cessation. Completed February, 2008. University of Plymouth.

Supervisor to Coral Lee , PhD Thesis entitled "The processes by which psychological needs influence willingness to exercise self-control", Status: 2nd year. NIE, Singapore.

Supervisor to Melfy Edosary, PhD Thesis entitled "Extending the theory of planned behaviour to understand physical activity participation in Saudi Arabia", Status: 3rd year. University of Exeter.

I have also supervised MSc and BSc dissertations

Professional Qualifications, Memberships and Honors

I am a member of the British Association of Sport and Exercise Sciences (BASES).

I was an Honorary Professor at the University of Coimbra in Portugal (2006-2011).

I am an invited Professor for a MUDUS Program, EEU (MSc program in sport and exercise psychology)

I am a member of the APS association for psychological science

I have received the 2010 Director's commendations for my services (administrative work) from the National Institute of Education in Singapore.

Nikos Chatzisarantis - List of Publications

REFEREED JOURNAL ARTICLES

In Social or Health Psychology

1. Chatzisarantis, N. L. D., Kee, Y. & Hagger, M. (in press). When small losses do not loom larger than small gains: Effects of contextual autonomy support and intrinsic goals on behavioural responses to losses and gains. *British Journal of Social Psychology*.
2. Hagger, M. S., Lonsdale, A., & Chatzisarantis, N. L. D. (in press). Effectiveness of a brief intervention using mental simulations in reducing alcohol consumption in corporate employees. *Psychology, Health and Medicine*
3. Hagger, M. S., Chatzisarantis, N. L. D. (in press). Causality orientations moderate the undermining effect of rewards on intrinsic motivation. *Journal of Experimental Social Psychology*.
4. Hagger, M. S., Hein, V., Chatzisarantis, N. L. D. (in press). Achievement goals, physical self-concept and social physique anxiety in a physical activity context. *Journal of Applied Social Psychology*.
5. Hagger, M. S., Lonsdale, A. J., Chatzisarantis, N. L. D. (in press). A theory-based intervention to reduce alcohol drinking in excess of guideline limits among undergraduate students. *British Journal of Health Psychology*.
6. Chatzisarantis, N. L. D., Hagger, M. S. (2010). Effects of implementation intentions linking suppression of alcohol consumption to socialising goals on alcohol-related decisions. *Journal of Applied Social Psychology*, 40, 1618-1634.
7. Chatzisarantis, N. L. D., Hagger, M. S., Wang, C. K. J. (2010). Effects of implementation intentions and self-concordance on behaviour. *British Journal of Psychology*, 101, 705-718.
8. Hagger, M. S., Stevenson, A., Chatzisarantis, N. L. D., Gaspar, P. M. P., Ferreira, J. P. L., Ravé, J. M. G. (2010). Physical self concept and social physique anxiety: Invariance across gender, age and culture. *Stress and Health*, 26, 304-329.
9. Hagger, M. S., Wood, C., Stiff, C., Chatzisarantis, N. L. D. (2010). Ego-depletion and the strength model of self-control. *Psychological Bulletin*, 136, 496-525. doi: 10.1037/a0019486.
10. Brickell, T., Lange, R., Chatzisarantis, N., L., D. (2009). Applying test operating characteristics to measures of exercise motivation: A primer". *British Journal of Psychology*, 1, 32-41.
11. Chatzisarantis, N. L. D., Hagger, M. S. (2009). Effects of an intervention based on self-determination theory on leisure time physical activity. *Psychology and Health*, 24, 29-48.
12. Chatzisarantis, N. L. D., Hagger, M. S., Wang, C. K. J., Thøgersen-Ntoumani, C. (2009). The effects of social identity and perceived autonomy support within the theory of planned behavior. *Current Psychology*, 28, 55-68.
13. Hagger, M. S., Chatzisarantis, N. L. D. (2009). Integrating the theory of planned behaviour and self-determination theory in health behaviour. *British Journal of Health Psychology*, 14, 275-302.
14. Hagger, M. S., Chatzisarantis, N. L. D., Hein, V., Pihu, M., Soós, I., Karsai, I., Lintunen, T. Leemans, S. (2009). Teacher, peer and parental autonomy support in physical

- education and leisure time: A trans-contextual model of motivation in four nations. *Psychology and Health*, 24, 689-711.
15. Hagger, M. S., Wood, C., Stiff, C., Chatzisarantis, N. L. D. (2009). The strength model of self-regulation failure and health related behavior. *Health Psychology Review*, 3, 208-238.
 16. Wang, C. K. J., Pyun, D. Y., Kim, J. Y., Chatzisarantis, N. L. D. (2009). Testing for Multigroup Invariance of the Perceived Locus of Causality in Physical Education. *Personality and Individual Differences*, 47, 590-594.
 17. Chatzisarantis, N. L. D., and Hagger, M. S. (2008). Influences of personality traits and continuation intentions on physical activity participation within the theory of planned behavior. *Psychology and Health*, 23, 347-367.
 18. Chatzisarantis, N. L. D., Hagger, M. S., and Thøgersen-Ntoumani, C. (2008). Effects of implementation intentions and self-concordance on health behaviour. *Journal of Applied Biobehavioral Research*, 13, 198-214.
 19. Chatzisarantis, N. L. D., and Hagger, M. S. (2007). Mindfulness and the intention-behavior relationship within the theory of planned behavior. *Personality and Social Psychology Bulletin*, 33, 663-676.
 20. Chatzisarantis, N. L. D., Hagger, M. S., and Smith, B. (2007). The influences of perceived autonomy support on physical activity within the theory of planned behaviour. *European Journal of Social Psychology*, 37, 934-954.
 21. Brickell, T. and Chatzisarantis, N., and Pretty, G. (2006). Autonomy and control: Augmenting the theory of planned behaviour in predicting exercise. *Journal of Health Psychology*, 11, 51-63.
 22. Brickell, T., and Chatzisarantis, N, and Pretty, G. (2006). Using Past Behaviour and Spontaneous Implementation Intentions to Enhance the Utility of the Theory of Planned Behaviour in Predicting Exercise. *British Journal of Health Psychology*, 11, 249-262.
 23. Chatzisarantis, N. L. D., Hagger, M.S., Smith, B., and Sage, L. D. (2006). The influences of intrinsic motivation on execution of social behavior within the theory of planned behavior. *European Journal of Social Psychology*, 36, 229-237.
 24. Hagger, M. S., Chatzisarantis, N., and Harris, J. (2006). Mindfulness and the intention-behaviour relationship within the theory of planned behaviour. *Personality and Social Psychology Bulletin*, 32, 131-138.
 25. Hagger, M. S., and Chatzisarantis, N. L. D. (2006). Self identity and the theory of planned behaviour. Within and between participants analysis. *British Journal of Social Psychology*, 45, 731-757.
 26. Hagger, M. S., Chatzisarantis, N. L. D., and Harris, J. (2006). The process by which relative autonomous motivation affects intentional behavior: Comparing effects across dieting and exercise behaviors. *Motivation and Emotion*, 30, 306-320.
 27. Hagger, M. S., and Chatzisarantis, N. L. D. (2005). First- and higher-order models of attitudes, normative influence, and perceived behavioural control in the Theory of Planned Behaviour, *British Journal of Social Psychology*, 44, 513-535.
 28. Hagger, M. S., Chatzisarantis, N., Griffin, M., and Thatcher, J. (2005). Injury representations, coping, emotions, and functional outcomes in athletes with sport-related injuries: A test of self-regulation theory. *Journal of Applied Social Psychology*, 35, 2345-2374.

29. Chatzisarantis, N. and Hagger, M, Smith, B and Phoenix, C. (2004). The influences of continuation intentions on execution of social behaviour within the theory of planned behaviour. *British Journal of Social Psychology*, 43, 1-66.
30. Chatzisarantis, N. L. D., Hagger, M. S., Smith, B., and Phoenix, C. (2004). Effects of continuation intentions on social behaviour within the theory of planned behaviour. *British Journal of Social Psychology*, 43, 551-563.
31. Chatzisarantis, N. Biddle, S., Hagger, M., and Karageorghis, C. (2002). The processes by which perceived locus of causality influences participation in physical activities. *Journal of Health Psychology*, 2, 343-360.
32. Hagger, M.S., Chatzisarantis, N. and Biddle, S.J.H. (2002). The influence of autonomous and controlling motives on physical activity intentions within the Theory of Planned Behaviour. *British Journal of Health Psychology*, 7, 299-316.
33. Hagger, M.S., Chatzisarantis, N., Biddle, S.J.H., and Orbell, S. (2001). Antecedents of children's physical activity intentions and behaviour: Predictive validity and longitudinal effects. *Psychology and Health*, 16, 391-407.
34. Biddle, S., Soos., I., and Chatzisarantis, N. (1999). Predicting physical activity intentions using goal perspectives and self-determination theory approaches. *European Psychologist*, 4, 83-89.
35. Chatzisarantis, N., and Biddle, S. (1998). Functional significance of psychological variables that are included in the theory of planned behaviour. A self-determination theory approach to the study of intentions. *European Journal of Social Psychology*, 28, 303-322.
36. Chatzisarantis, N., Biddle, S., and Meek, G (1997). A self-determination theory approach to the study of intentions and the intention-behaviour relationship in children's physical activity. *British Journal of Health Psychology*, 2, 343-360.

In Sport and Exercise Psychology

1. Wang, C. K. J., Liu, W. C., Chatzisarantis, N. L. D., and Lim, B. S. C. (In-press). Influence of Perceived Motivational Climate on Achievement Goals in Physical Education: A Structural Equation Mixture Modeling Analysis. *Journal of Sport and Exercise Psychology*, 33(3), 231-254.
2. Wang, C. K. J., Liu, W. C., Sun, Y, Lim, B. S. C., and Chatzisarantis, N. L. D. (In-press). Chinese students motivation in physical activity: Goal profile analysis using the traditional achievement goal theory. *International Journal of Sport and Exercise Psychology*, x, xx-xx.
3. Hagger, M. S., Wood, C., Stiff, C., and Chatzisarantis, N. L. D. (2010). Self regulation and self-control in exercise: The strength energy model. *International Review of Sport and Exercise Psychology*, 3, 62-86.
4. Brickell, T., and Chatzisarantis, N. L. D. (2009). The effects of intrinsic motivation on spontaneous implementation intentions. *Psychology of Sport and Exercise*, 1(1), 1-15.
5. Chatzisarantis, N. L. D. (2009). A primer of meta-analysis. *Psychology of Sport and Exercise*, 10, 502-510.
6. Hagger, M. S., and Chatzisarantis, N. L. D. (2009). Assumptions in research in sport and exercise psychology. *Psychology of Sport and Exercise*, 10, 511-519.

7. Wang, C. K. J., Koh, K. T., and Chatzisarantis, N. L. D. (2009). An Intra-Individual Analysis of Players' Perceived Coaching Behaviours, Psychological Needs, and Achievement Goals. *International Journal of Sports Science and Coaching*, 4(2), 177-192.
8. Chatzisarantis, N. L. D., Hagger, M. S., and Wang, C. K. J. (2008). An experimental test of cognitive dissonance theory in the domain of physical exercise. *Journal of Applied Sport Psychology*, 20, 97-115.
9. Chatzisarantis, N. L. D., Hagger, M. S., and Brickell, T. (2008). Using the construct of autonomy support to understand social influence in the theory of planned behaviour. *Psychology of Sport and Exercise*, 9, 27-44.
10. Hagger, M. S., and Chatzisarantis, N. L. D. (2008). Self determination theory and the psychology of exercise. *International Review of Sport and Exercise Psychology*, 1, 79-103.
11. Chatzisarantis, N. L. D., Frederick, C. M., Biddle, S. J. H., Hagger, M. S., and Smith, B. (2007). Influences of volitional and forced intentions on effort and physical activity within the theory of planned behaviour. *Journal of Sport Sciences*, 25, 699-709.
12. Chatzisarantis, N. L. D. and Hagger, M. S. (2007). The moral worth of sport reconsidered: contributions of recreational sport and competitive sport to life aspirations and psychological well-being. *Journal of Sport Sciences*, 25, 1047-1056.
13. Chatzisarantis, N.L.D., Hagger, M.S., and Brickell, T. (2007). Using the construct of perceived autonomy support to understand social influence in the theory of planned behavior. *Psychology of Sport and Exercise*, 8, 525-542.
14. Ferreira, J. P., Chatzisarantis, N., Gaspar, P. M., and Campos, M. J. (2007). Precompetitive anxiety and self confidence in athletes with disability. *Perceptual and Motor Skills*, 105, 339-346.
15. Hagger, M. S., and, Chatzisarantis, N. L. D. (2007). Advances in self-determination theory research in sport and exercise. *Psychology of Sport and Exercise*, 8, 597-599.
16. Hagger, M. S., Chatzisarantis, N. L. D., Barkoukis, V., Wang, J. C. K., Hein, V., Pihu, M., Soós, I., and Karsai, I. (2007). Cross cultural generalisability of the theory of planned behaviour in a physical activity context. *Journal of Sport and Exercise Psychology*, 29, 1-19.
17. Hagger, M. S., Chatzisarantis, N. L. D., Hein, V., Pihu, M., Soós, I., and Karsai, I. (2007). The perceived autonomy support scale for exercise settings (PASESS). *Psychology of Sport and Exercise*, 8, 632-653.
18. Brickell, T., and Chatzisarantis, N. L. D. (2006). The effects of intrinsic motivation on spontaneous implementation intentions. *Psychology of Sport and Exercise*, 3, 34-45.
19. Karageorghis, C. I., Priest, L., Terry, P., Chatzisarantis, N. L. D., and Lane A. (2006). The Brunel music inventory. *Journal of Sports Sciences*, 24, 899 – 909.
20. Spray, C.M., Wang, C.K.J., Biddle, S.J.H., Chatzisarantis, N.L.D. and Warburton, V.E. (2006). An experimental test of self-theories of ability in youth sport. *Psychology of Sport and Exercise*, 7, 255-267.
21. Spray, C.M., Wang, C.K.J., Biddle, S.J.H. and Chatzisarantis, N.L.D. (2006). Understanding motivation in sport: An experimental test of achievement goal and self-determination theories. *European Journal of Sport Science*, 6, 43-51.

22. Karageorghis, C. I., Vencato, M.M., **Chatzisarantis, N., L., D.** and Carron, A. V. (2005). **Development and initial validation of the Brunel lifestyle physical activity questionnaire.** *British Journal of Sports Medicine*, 39, e23.
23. Chatzisarantis, N. L. D., and Hagger, M. S. (2005). Effects of a brief intervention based on the theory of planned behavior on leisure time physical activity participation. *Journal of Sport and Exercise Psychology*, 27, 470-487.
24. Chatzisarantis, N., Hagger, M. S., Biddle, S. J. H., and Smith, B. M. (2005). The stability of attitude-intention relationship in a physical activity context. *Journal of Sport Sciences*, 23, 49-61.
25. Chatzisarantis, N. L. D., Hagger, M. S., Biddle, S. J. H., Smith, B., and Wang, J.C.K. (2003). A meta-analysis of perceived locus of causality in sport and physical activity contexts. *Journal of Sport and Exercise Psychology*, 25, 284-306.
26. Biddle, S.J.H., Wang, C.K.J., Chatzisarantis, N.L.D. and Spray, C.M. (2003). Motivation for physical activity in young people: Entity and incremental beliefs concerning athletic ability. *Journal of Sports Sciences*, 21, 973-989
27. Hagger, M. S., Chatzisarantis, N., and Biddle, S. J. H. (2002). A meta-analytic review of the theories of reasoned action and planned behavior in physical activity: Predictive validity and the contribution of additional variables. *Journal of Sport and Exercise Psychology*, 24, 3-32.
28. Biddle, S., Markland, D., Gilbourne, D., Chatzisarantis, N., L., D., and Sparkes, A. (2001). Research methods in sport and exercise psychology: quantitative and qualitative issues. *Journal of Sport Sciences*, 19, 777-809.
29. Georgiadis, M. M., Biddle, S. J. H., and Chatzisarantis N. L. D. (2001). The mediating role of self determination in the relationship between goal orientations and physical self-worth in Greek exercisers. *European Journal of Sport Sciences*, 1, 1-8.
30. Hagger, M.S., Chatzisarantis, N., Biddle, S.J.H. and Orbell, S. (2001). Antecedents of children's physical activity intentions and behaviour: Predictive validity and longitudinal effects. *Journal of Sport Sciences*, 2, 34-41.
31. Hagger, M., Chatzisarantis, N. and Biddle. (2001). The influence of self-efficacy and past behaviour on physical activity intentions of young people. *Journal of Sport Science*, 19, 771-725
32. Biddle, S., Soos, I., and Chatzisarantis, N. (1999). Predicting physical activity intentions using goal perspectives theories: A study of Hungarian youth. *Scandinavian Journal of Science and Medicine in Sport*, 3, 23-34.
33. Terry, P., Biddle, S., Chatzisarantis, N., Bell, R. (1997). Development of a test to assess the attitudes of older adults towards physical activity and exercise. *Journal of Ageing and Physical Activity*, 3, 325-350.

In Educational Psychology

1. Hagger, M. S., Chatzisarantis, N., Barkoukis, V., Wang, C. K. J., and Baronowski, J. (2005). Perceived autonomy support in physical education influences autonomous motives and intentions toward physical activity in a leisure-time context: A cross-cultural evaluation of the trans-contextual model. *Journal of Educational Psychology*, 97, 287-301.

2. Hagger, M. S., Chatzisarantis, N., Culverhouse, T., and Biddle, S. J. H. (2003). The processes by which perceived autonomy support in physical education promotes leisure-time physical activity intentions and behavior: A trans-contextual model. *Journal of Educational Psychology, 95*, 784–795.
3. Wang, C.K.J., Chatzisarantis, N.L.D., Spray, C.M., and Biddle, S.J.H. (2002). Achievement goal profiles in school physical education: Differences in self-determination, sport ability beliefs, and physical activity. *British Journal of Educational Psychology, 72*, 433-445.

Asian Psychology

1. Pyun, D. Y., Wang, C. K. J., Kwon, H., and Chatzisarantis, N. L. D. (2008). Validity and Reliability of Teachers' Perceived Beliefs about the Purposes of Physical Education Questionnaire.. *Asian Journal of Exercise and Sports Science, 5*(0), 1-7.

Book Chapters

1. Hagger, M. S., and Chatzisarantis, N. L. D. (in press). Youth attitudes toward physical (in)activity behaviour. In A. L. Smith and S. J. H. Biddle (Eds.), *Youth Physical Activity and Inactivity: Challenges and Solutions*. Champaign, IL: Human Kinetics.
2. Hagger, M. S., and Chatzisarantis, N. L. D. (in press). Self-determination theory and the theory of planned behavior: An integrative approach toward a more complete model of motivation. In L. V. Brown (Ed.), *Psychology of Motivation*. Hauppauge, NY: Nova Science.
3. Hagger, M. S., and Chatzisarantis, N. L. D. (in press). Youth attitudes toward physical (in)activity behaviour. In A. L. Smith and S. J. H. Biddle (Eds.), *Youth Physical Activity and Inactivity: Challenges and Solutions*. Champaign, IL: Human Kinetics.
4. Chatzisarantis, N.L.D., and Hagger, M.S. (2007). Intrinsic motivation and self determination in exercise and sport: reflecting on the past and sketching the future. In M.S. Hagger and N.L.D. Chatzisarantis (Eds.), *Intrinsic Motivation and Self-Determination in Exercise and Sport* (pp. 281-296). Champaign, IL: Human Kinetics.
5. Hagger, M.S., and Chatzisarantis, N.L.D. (2007). The trans-contextual model of motivation. In M.S. Hagger and N.L.D. Chatzisarantis (Eds.), *Intrinsic Motivation and Self-Determination in Exercise and Sport* (pp. 54-70). Champaign, IL: Human Kinetics.
6. Hagger, M. S., Chatzisarantis, N., and Griffin, M. (2004). Coping with sports injury: Testing a model of self-regulation in a sports setting. In D. Lavallee, M. Jones and J. Thatcher (Eds.), *Coping and Emotion in Sport* (pp. 105-130). Hauppauge, NY: Nova Science.
7. Biddle, S., and Chatzisarantis, N. (1999). Motivation for a physically active lifestyle through physical education. In Vanden Auweele, T., Bakker, F., Biddle, S., Durand, M., and Seiler, R. (Eds). *Textbook on Psychology for Physical Educators*.
8. Biddle, S.J.H., Chatzisarantis, N.L.D. and Hagger, M.S. (2001). Self-Determination Theory in Sport and Exercise. In F. Cury and P. Sarrazin (Eds.), *Theories de la Motivation et Sport: Etats de la Research Advances in Motivation Theories and Sport*. Paris: Presses Universitaires de France.

9. Biddle, S. J. H., Hagger, M. S., and Chatzisarantis, N. L., D. (in press). *Theoretical frameworks in exercise psychology*. In Tenenbaum, G and Eklund, R. *Handbook of Sport Psychology*.

Books

1. Hagger, M. and Chatzisarantis, N. (2005). *The social psychology of sport and exercise*. Open University (Translated in Japanese).

2. Hagger, M.S., and Chatzisarantis, N.L.D. (Eds.) (2007). *Intrinsic Motivation and Self-Determination in Exercise and Sport*. Champaign, IL: Human Kinetics.

Conference Presentations

- Chatzisarantis, N. (1995). The effects of efficacy expectations and of autonomy on physical exercise behaviour. Paper presented at the annual student conference of the British Association of Sport and Exercise Sciences, Cheltenham and Gloucester College of Higher Education.
- Chatzisarantis, N., and Biddle, S. (1995). Awareness of potential satisfaction and intention formation. Paper presented at IXth European (FEPSAC) Congress of Sport Psychology, Free University of Brussels.
- Chatzisarantis, N. and Biddle, S. (1996). A meta-analysis of the theories of reasoned action and planned behaviour in the research domain of sport and exercise. International symposium of sport psychology. Lisbon.
- Chatzisarantis, N. and Biddle, S. (1997). Viewing intention formation from a self determination perspective: A Meta-Analysis. British Psychological Society the London Conference. London, UK.
- Chatzisarantis, N., and Biddle, S. (1998). Self determination theory and intentions: A theory of intentions and behaviour or a theory of theories? Paper presented at the V Congress of the European College of Sport Sciences.
- Chatzisarantis, N. and Biddle, S. (1999). Self determination theory and attitude formation. Paper presented at IX European Congress of Sport Psychology, Prague Czech Republic.
- Chatzisarantis, N., Biddle, S. Hagger, M. (2000). The attitude-intention relationship from a self determination theory perspective. British Psychological Society. Annual Conference. Winchester. UK.
- Chatzisarantis, N., and Karageorghis, C. (2001). A path-analytic meta-analysis of attitude-based and normative intentions in sport and exercise. Paper presented at the BASES conference.
- Chatzisarantis, N., Hagger, M., and Biddle, S. (2003). The effects of perceived autonomy support on physical activity behaviour. BPS, Health Psychology Conference. University of Stafford. UK.
- Chatzisarantis, N., Hagger, M.S., Biddle, S.J.H. and Sage, L. (2003). The influences of continuation intentions on execution of social behaviour within the theory of planned behaviour. Paper presented at the 11th European Congress of Sport Psychology (FEPSAC), University of Copenhagen, Copenhagen, Denmark, 22nd – 27th July 2003.
- Chatzisarantis, N., Hagger, M.S. and Biddle, S.J.H. (2003). The influences of perceived autonomy support on physical activity within the theory of planned behaviour. Paper presented at the 2003 British Psychological Society Division of Health Psychology Conference, Staffordshire University, Stafford, U.K., 3rd – 5th September 2003.

- Hagger, M.S., Chatzisarantis, N. and Biddle, S.J.H. (1998). The importance of latent, unobserved expectancy-value measurements of attitude and subjective norms in the prediction of physical activity intentions. In A.J. Sargeant and H. Siddons (Eds.). *From Community Health to Elite Sport: Proceedings of the 3rd Annual Congress of European College of Sport Science*, Liverpool, U.K.: Centre for Health Care Development. pp. 297.
- Hagger, M.S., Chatzisarantis, N. and Biddle, S.J.H. (1998). Why the attitude-intention relationship in a physical activity context may be spurious. Paper presented at the 1998 BASES conference, University College Worcester, U.K., 6th September 1998. pp. 58.
- Hagger, M.S., Chatzisarantis, N. and Biddle, S.J.H. (2000). Entropic Nature of Attitude-Intention Relationships: II. PBC and Past Behaviour. Paper presented at the 2000 British Psychological Society Annual Conference, Winchester, U.K., 13th – 16th April 2000.
- Hagger, M.S., Chatzisarantis, N. and Biddle, S.J.H. (2000). What I did then affects what I do now: A meta-analytic study of the influence of past behaviour on intentions to participate in leisure time exercise. Paper presented at the 2000 Congress of the European College of Sports Science, University of Jyväskylä in Jyväskylä, Finland, 19th – 24th July 2000.
- Hagger, M.S., Chatzisarantis, N. and Biddle, S.J.H. (2000). The influence of autonomous motives and general perceptions of control on physical activity intentions within the Theory of Planned Behaviour. Paper presented at the 2000 British Psychological Society Division of Health Psychology Conference, University of Kent in Canterbury, U.K., 8th September 2000.
- Hagger, M.S., Chatzisarantis, N. and Biddle, S.J.H. (2001). Studying the influence of attitudes, intentions and past behaviour on leisure time exercise participation – predictive validity using meta analysis. In A. Papaioannou, M. Goudas and Y. Theodorakis (Eds.). *Proceedings of the 10th World Congress of Sports Psychology*, Skiathos, Greece: Christodoulidi Publications.
- Hagger, M.S., Chatzisarantis, N., Culverhouse, T. and Biddle, S.J.H. (2003). The processes by which perceived autonomy support in physical education promotes leisure-time physical activity intentions and behaviour: A trans-contextual model. Paper presented at the 11th European Congress of Sport Psychology (FEPSAC), University of Copenhagen, Copenhagen, Denmark, 22nd – 27th July 2003.
- Hagger, M.S. and Chatzisarantis, N.L.D. (2004). Social physique anxiety and physical self-esteem: Discriminant validity, autoregressive and reciprocal effects, and relations with physical activity behavior. Paper presented at the 2004 Congress of the European College of Sports Science, Clermont Ferrand, France, 3rd – 6th July 2004.
- Hagger, M.S., Chatzisarantis, N.L.D., Culverhouse, T., and Biddle, S.J.H. (2004). The processes by which perceived autonomy support in physical education promotes leisure-time physical activity intentions and behavior: A trans-contextual model. Paper presented at the 2004 British Psychological Society Division of Health Psychology Conference, Queen Margaret University College, Edinburgh, U.K., 8th – 10th September 2004.
- Hagger, M.S., Chatzisarantis, N.L.D., Griffin, M., and Thatcher, J. (2005). Injury representations, coping, emotions, and functional outcomes in athletes with sport-related injuries: A test of self-regulation theory. Paper presented at the 2005 European Health Psychology Society Conference, National University of Ireland, Galway, Ireland, 31st August – 3rd September 2005.

Chatzisarantis, N. L. D., and Hagger, M. S. (2007). Mindfulness and the intention-behaviour relationship within the theory of planned behavior. 3rd International Conference on Self Determination Theory, University of Toronto Canada.

Chatzisarantis, N. L. D. and Hagger, M. S. (2007). Effects of a brief intervention based on self determination theory on physical activity behavior. FEPSAC conference, Chalkidiki Greece.

INVITED TALKS/PRESENTATIONS

International

2011 (August). Meta-analysis and structural equation modeling, Estonia.

2011 (May). The Heynman Lectures in Psychology. Moderating Effects of Autonomy Support and Intrinsic Goals on Loss Aversion Effects. Groningen University, Holland. **(Keynote).**

2010 (July). Keynote speaker: Social Sciences and Humanities, Conference, Greece

2010. (July). Keynote speaker. The Annual Platonic symposium on syllogisms and well being. Thrikala Greece.

2009. Loughborough University. Loss aversion and self control.

2004 Brunel University: Department of Sport Sciences. Paradigm Debates

2004 Essex University: Department of Psychology. On human happiness and psychological well being.

2004 Essex University: The influences of continuation intentions on the execution of social Behaviour.

2004 Essex University: Sexual harassment in sport

2005: University of Birmingham: Understanding the relationship between physical activity and psychological well being.

2005 University of Essex: Sexual harassment in sport: New developments.

2005 University of Winchester (Keynote, Higher Education Academy):. Effects of Schmidt's method on motivation to learn statistics.

2006. University of Nottingham. Mindfulness and the intention-behavior relationship

2006. University of Essex. Sexual harassment in sport.

2007. University of Nottingham. On the inhibition of sexual harassment in sport.

2007. Royal Holloway, University of London, School of Psychology. Is self control a limited resource?

2007. Royal Holloway, University of London, School of Psychology. Theory based interventions and behavioral change.

2008. University of Birmingham. School of Sport and Exercise Sciences. Understanding the pre-disposition to sexual harassment. The power-sex association.

1997 Instituto de Educaçao e Psicologia, Universidade do Minho: Campus de Gualtar 4710, Braga. Confirmatory factor Analysis and Path Analysis (1997).

1999 University of Pecs, Hungary Department of Sport Sciences (keynote): The nature of intentions.

2004 (keynote speech) Universidade de Coimbra: Curso de Ciencias do Desporto e Educaçao Fisica, 3000, Coimbra. On human internationality: Effects of continuation intentions on social behaviour.

2004 Universidade de Coimbra: Curso de Ciencias do Desporto e Educaçao Fisica, 3000, Coimbra. Exploratory and confirmatory factor analysis.

2004 Tartu University Estonia: Confirmatory factor analysis and meta-analysis

2005 Tartu University Estonia: Motivation for physical activity participation

2005 Universidade de Coimbra: Experimental designs and statistical analysis

2007. University of Coimbra. The dark side of sport: sexual harassment in elite rugby

2008. University of Vila Real, School of Psychology Portugal. Meta-analysis for policy makers.

2008. University of Coimbra. Portugal. School of Psychology. Meta-analysis and review of literature.

2008. University of Algarve Portugal, School of Psychology. Meta-analysis for policy makers.

2008. University of Vila Real, School of Psychology Portugal. Path analysis.

2008. University of Coimbra, School of Psychology, Portugal (Keynote). The interface between motivation and self control.

2008. Positive Psychology Conference, University of Croatia. Croatia. Invited speaker. Self determination theory and positive psychology.

RESEARCH GRANTS

1997-1998. Principle Investigator. University of Exeter, UK (internal grant) £1,000 “Effects of autonomous intentions on physical activity participation”.

2004-2005 Principle Investigator. Higher Education Academy Network, UK, £1,982 for “Effects of Schmidt’s teaching method on motivation to learn statistics”.

2008. Principle Investigator. Leverhume Trust, UK (completed). On the origins and nature of ego energy (F/00 568R). £.87,890.

2009-12. Principle Investigator. Tier 2 Research Grant, Ministry of Education, Singapore. Decision-making and self control (\$SIN798,000)

2009-12. Co-Investigator. Canadian Health Authority (with Tracey Brickel). Evaluating an intervention based on TPB on physical activity (CAN\$900,000).

2009-2012: Principle Investigator. AcRF, Singapore (SIN\$92,000). Development and evaluation of a physical activity intervention program.

20011-2013. Principle Investigator, Competitive Research Grant Ministry of Health Singapore (SIN\$168,000). There is nothing more practical than a good theory: Effects of an intervention based on theory of planned behavior on leisure time physical activity.
2010-2013. Co-investigator 250,000

2011-2013: Co-Principle Investigator (with John Wang). Office of Educational Research, Ministry of Education, Singapore (SIN\$250,000). Learning for life, learning with fun: Igniting student’s intrinsic motivation to learn in classroom.